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## Introduction

In June, 2012, I embarked on a journey to Peru. I had no idea where it would lead. In fact, I didn't know for sure why I bought the plane ticket and left my home in Santa Barbara. All I knew was that, for years, spiritual teachings and the ego struggles of my everyday life had been propelling me inward and forward.

By the time I stepped on the plane headed to the Amazon, I had packed plenty of questions, the seeds of trust, and a knowing that something significant was about to unfold. I felt like Percival embarking on the quest for the Holy Grail. Little did I know how right I was.

The idea for the journey came from an ascended master I called Men—not out of a particular appreciation for the male gender. (In fact, as you'll see in the book, I think Men have a lot to learn from Women.) I called him by that name because it means “Eagle” in ancient Mayan, a culture and society I've studied for its wisdom and advanced technologies.

Men introduced himself when I was meditating one day in April 2012. And for the next few months, we met daily. He told me I was embarking on an 81-day journey, that I would make a trip to the sacred valley of Peru for the last ten of those 81 days, and that my quest was related to the 52nd anniversary of my conception into this physical life.

Along the way, he also shared 13 Wisdom Teachings with me. While those teachings are as old as time and have been shared by many others, Men made them uniquely powerful. They were delivered in a manner that wasn't just intellectual thought and conjecture, but a direct transmission from one of the great masters of the ages. Sharing those teachings with you so you can experience the transmissions for yourself was one of the greatest pleasures of writing this book. And they are the basis for the subtitle, “The Unlearning Curve.”

As you'll see throughout this book, when we listen to Spirit and all that it has to teach us, the one thing required is a willingness to unlearn everything we thought we knew.

People always ask, “Why did you write the book?” In one sense, the book wrote me. It wasn't a question of me writing anything. My job was to be alive in real time in my own conscious evolution.

What I've found is that storytelling in and of itself is a release and an expansion of the Divine light and love that shines through each of us. It's uniquely personal and necessary for a storyteller's own growth. But we do this for the whole. Not to gain fame or fortune, but to inspire, to show the way. Words are like activation, awakening us into

becoming. They're part of God's blueprint for who we are in human form as we shift our focus from "me" to "we." Godcentric, lightcentric, lovecentric.

This book is for anyone who seeks to take a deeper journey and intends to find the nature of their own reality and life experience. It's for those who have made a decision to no longer live a life of dis-ease, who choose to end their inner loneliness of their separation from God and nature. It's for those that have been seeking but not finding the nature of reality. It's for those who want to up-level their relationships—at home, at work, and within—and express their unique genius.

It's also for those who have been walking this path for a long time and want to explore the inner architecture of creation's genius. For those who want to experience the outer edges of their own consciousness and peer into the Truth and Knowledge that the universe contains. It's for powerful creators, manifesters and leaders who are interested in the quantum field of infinite possibilities.

*Divine Genius* is not a scientific journal that seeks to prove anything or the nature of reality in general. I live by the motto of not simply wanting to know the facts, but to know why an experience is factually true for me. When I'm with people, I have an experience with them because I adopt the beginner's mind, focused on why it's true for them.

The biggest challenge in writing the book was elucidating Men's wisdom and teachings in a way that didn't impinge on the depth of his truth. To the best of my ability, I kept myself from judgment and projection. At the same time, you'll see my own process of understanding and applying the principles the master gave me.

What I learned was a deeper knowing of my commitment to fulfill my soul's work in this lifetime. As I wrote the book and revisited my journal from that time, I asked myself, "Did I really do that? What possessed me?" I saw how fully and deeply I surrendered myself, trusting spiritual guidance as I walked through the valley of my own death and into the unconscious nature of God's light.

It's humbling to bow to that deeper trust. While we have free will that can take us on detours, we eventually find our way Home again to God. In my journey, I had to give up my free will to receive Divine will—a process that can seem like death but carries the promise of rebirth.

Ultimately, *Divine Genius* is the story of my quest in Peru for what came to be known as the Holy Grail—the answer to the question, "Can I get out of this lifetime alive?"

For better or worse, I was curious enough to go to whatever length it takes to move beyond the stories I've lived and the loneliness I'd felt. The questions I asked—and the answers I found—were not just for me alone. You will see yourself and your own path as *Divine Genius* brings my journey alive.

It shares a universal story of how we evolve as sentient beings on a physical, emotional, spiritual and soul level. It's about a quest in which those four aspects of my life meet as one. It attempts to answer questions like these: What is the spiritual aspect of what I'm called to do in this lifetime? What is my mission? And how can I fulfill my soul's journey, which has been emerging through lifetimes?

*Divine Genius* is a deep interpersonal journey to my Truth of being one with—not separate from—God. For better or worse, I was curious enough to go to whatever lengths

it takes to move beyond the stories I've lived and the loneliness that I'd felt in my estrangement from Mother Nature and the Divine.

My path has been uniquely my own. It called for complete surrender and what I'd known myself to be. It called upon fearlessness to do what one should never do in the darkness of the unknown. It called upon me to shed my skin like the serpent does, all at once. Hence this storyline takes us on a vision quest to various places around the globe, primarily to Peru, my holy land. And it explores the ancient wisdom of the Earthkeepers that resides here in the jungles and in the mountains.

The only way to come to these experiences was by embracing the unknown and shedding my limiting beliefs, traumas, and emotional and psychological pain. To actively engage in the unlearning curve.

To tell that story as completely as I could, I wrote *Divine Genius* using four interwoven threads:

1. My journey to Peru in June, 2012.
2. Back stories about my life experiences and my struggles in personal relationships and business.
3. The thirteen Wisdom Teachings from Men, the ascended master.
- 4) You, the reader, who will experience the teachings within this book in your own personal and unique way. As you read, you may choose to keep the companion book and workbook with you to explore the teachings in an even more experiential way.

Along the way, you'll find references to different shamanic and spiritual teachings. Key among those is *A Course in Miracles*, which I've studied for many years. While many spiritual books move us forward, pushing us out of our ego mindset, this book has a different starting point, pulling us from the higher mind to unlearn the ego's fear-based thinking we have been programmed to believe.

This process of speaking to you from another place, from Home, is unique and powerful. This is your authentic Self. Constantly, my experiences invited me to make a choice in which voice I listened to: the ego or the genius Mind. *Divine Genius* invites you to do the same.

Within these pages, you'll find references to ego mind, genius Mind, Divine Genius Mind, God, Oneness, Authentic Self, ego v. Genius, Quantum Field, and others. Some are capitalized to indicate their Source, which is Love.

Because of the three threads of Peru, back story and wisdom teachings, this book is a weaving, a trinity. It gives you the opportunity to explore the layers on the page, and in yourself. You can look at the stories on the surface, but underneath is fertile wisdom, knowledge, practical application and reflection. It's written with three threads for a reason—for the active evolution into love beyond fear and loneliness.

There are many great spiritual books and wonderful teachings and modalities available to the everyday spiritual traveler. They all in their own ways support a path to return to the place where they all meet. The oneness of God. While I've taken and explored different pathways, this is a compendium of all that I've experienced in this lifetime and others, leading us to the place where we are One.

As you read, give yourself permission at any time to put the book down for reflection. Take a moment in nature, pick up the phone and call a loved one, follow your deep intuition as to what this story is suggesting you do.

Most of all, hold on. You're in for an adventure. Are you ready for the ride that changed my life forever? Are you ready to re-discover your authentic Self. If so, by reading this book and doing the workbook, you will activate your genius Mind. I'm here to share that with you to inspire you to accelerate your own spiritual journey and do what we all must do in this lifetime, not the next.

When it comes to unlearning, there is no time like the present. Simply say yes to the Divine Genius within, and you'll find there is no moment like now.